

respect

AGREEMENT

What does respect look like to you and others? Make the space feel safe for you. Each group that uses this space is encouraged to add their own relevant items to build on these basic guidelines.

active listening

Pay attention to the speaker.

Limit side conversation.

Allow people to speak without interruption.

Be aware of how much you are speaking: are others getting a chance to contribute?

Be open to learning and listening.

maintain confidentiality

Groups are encouraged to come to an agreement regarding where and when the information that is shared is allowed to leave the space (if ever).

respect differences

Acknowledge that people are coming from different places in life and that means that they have different feelings/opinions about things and make different choices.

Recognize that each person has value and they deserve to be treated in ways that reflect this.

use an anti-oppression framework

Use respectful words when talking about people, their identities and their life experiences or ask if you don't know which words are best to use.

For example, if you are unsure of how someone identifies in terms of gender, ask "Do you prefer he, she or they?"

Examine your attitudes and actions towards ability, sex, gender, gender identity, sexual orientation, race, ethnicity and religion, in a way that is respectful, inclusive and not hurtful.

communicate with respect

Use 'I statements' like "I felt the situation was uncomfortable." Or "When this happens, I often get anxious."

Only volunteer your own feelings, opinions and experiences on a subject (not those of someone else).

public displays of affection

Out of respect for others in the room, please keep public displays of affection to a minimum. This means no making out in group.

Please... leave the room as you found it

developed by:

